

Julie Richardson - CURRICULUM VITAE

EDUCATIONAL BACKGROUND

- 2005 Doctor of Philosophy
University of Toronto, Canada
Department of Public Health Sciences (Epidemiology)
Thesis title: Predictors of Functional Transitions and Disability-Free Life Expectancy with Stroke and Coronary Heart Disease
Supervisors Dr Paul Corey Dr Joseph Beyene
- 1986 Master of Science Degree (Psychology)
Otago University, New Zealand
Thesis title: Hemi-spatial Differences following stroke
- 1980 Bachelor of Science BSc(PT) (Rehabilitation)
University of Toronto
- 1973 Diploma in Physiotherapy
Dunedin School of Physiotherapy, New Zealand

CURRENT STATUS AT MCMASTER UNIVERSITY

- July 2003 – present Tenured Associate Professor, School of Rehabilitation Science
- July 2001 – July 2003 Associate Professor (Tenure-track position), School of Rehabilitation Science

July 1998 – 2001 Associate Professor (3 year contractually limited position),
School of Rehabilitation Science

PROFESSIONAL ORGANIZATIONS

1998 – College of Physiotherapists of Ontario, Licensed to Practice
1986 – 1990 Board of Directors Ontario, Physiotherapy, Licensed to Practice
1986 – Canadian Physiotherapy Association, Member
1986 – Ontario Physiotherapy Association, Member
1981 – 1983 Otago Branch, New Zealand, Society of Physiotherapists, Secretary

EMPLOYMENT HISTORY

ACADEMIC

2005 Visiting Professor - School of Population Health Auckland University
(sabbatical) McMaster University, Hamilton, Ontario
1998 – Associate Professor (contractually limited), School of Rehabilitation
Science
1988 – 1997 Assistant Clinical Professor, School of Rehabilitation Science
1991 – 1994 Assistant Professor, ECAH Clinical Specialist, Educational Centre for
Aging and Health (ECAH)
Jan. 1982 Dunedin School of Physiotherapy, Otago
Dec. 1983 Dunedin, New Zealand, Part-time Clinical Lecturer

RESEARCH

St. Peter's Hospital, Hamilton, Ontario

1994 – 1999 Director, Research
1991 – 1994 Research Coordinator (part-time), Physiotherapy Department
1990 – 1991 St. Joseph's Hospital & St. Peter's Hospital, Hamilton, Ontario –
Research Coordinator
1990 – 1991 Chedoke Division, Chedoke-McMaster Hospital, Hamilton, Ontario –
Research Therapist part-time, on funded grant – Stroke Rehabilitation:
Validation of a Physical Impairment and Disability Measure

CLINICAL

1986 – 1987 Hamilton-Wentworth Home Care Programme, Hamilton, Ontario Staff
Physiotherapist

Jan. 1981	Dunedin Hospital, Dunedin, New Zealand
Jun. 1985	Part-time Staff Therapist
Jul. 1976 Sep. 1977	McMaster University Medical Centre, Hamilton, Ontario Staff Physiotherapist
Feb. 1976 Jul. 1976	730 Brant Physiotherapy, Burlington, Ontario Staff Physiotherapist
Jan. 1975 Dec. 1976	Nelson Hospital, Nelson, New Zealand Staff Physiotherapist
Jan. 1974 Dec. 1975	Christchurch Hospital, Christchurch, New Zealand Staff Physiotherapist

SCHOLARLY & PROFESSIONAL ACTIVITIES

2006- 2007-	Reviewer, Physiotherapy Canada Reviewer, The Gerontologist
2001	Reviewer, Ministry of Health Personnel Awards
2000	Reviewer, Ministry of Health Personnel Awards
2000	Member, Rehabilitation Advisory Group, Joint Policy and Planning Committee, (JPPC), Ontario Ministry of Health.
1999	Reviewer, Australian Journal Physiotherapy Reviewer, Journals of Gerontology (Medical Sciences)
1999	Chair, Session, Functional mobility and Falls, Canadian Association of Gerontology Conference, Ottawa, 1999
1995	Chair, Session, Research Methodology and Issues in Health. Canadian Association of Gerontology Conference, Vancouver, 1995.
1995	Chair, Session, Research Methodology and Issues in Health. Canadian Association of Gerontology Conference, Vancouver, 1995.
1992 – 1995	Physiotherapy National Exam Member, Test Construction Subcommittee
1992 – 1995	Item Generation Subcommittee
1990 – 1995	Member, Sub-committee, Objective Structured Clinical Exam

Development

- 1989 – 1990 Canadian Physiotherapy Association Member, Executive, Research Division
- 1983 – 1986 New Zealand Journal Physiotherapy Member, Editorial Board.

Ad Hoc Reviews

- 1992 Reviewer for Journal of Educational Gerontology
- 1995 – 2004 Canadian Journal on Aging
- 2000 Australian Journal Physiotherapy
- 2002 – 2003 Disability and Rehabilitation
- 2003 Physiotherapy Canada

Grant reviews

- 1996 – 1998 National Health Research and Development Program (NHRDP)

COURSES TAUGHT (past 5 years)

McMaster University, Hamilton, Ontario

Graduate

- MHSc (PT)
2003/2004 Unit Chair Unit V Community Health/Community Practice
Course Coordinator & Tutor- Problem-Based Tutorials – CHS721
Course Co-Coordinator – CHS712
- MHSc (PT)
2002/2003 Unit Chair Unit V Community Health/Community Practice
Course Coordinator & Tutor – Problem-Based Tutorials – CHS721
Course Co-Coordinator – CHS712
- 2001/2002 Unit Chair Unit V Community Health/Community Practice
Course Coordinator – Problem-Based Tutorials – CHS721

Undergraduate

- BHSc (PT)
2000 Unit Chair Unit V Neurology
Course Coordinator – Problem Based Tutorials – PT2T53
Course Coordinator – Clinical Skills – PT 2L54
Tutor- Problem Based Tutorials – PT2T53

1999 Unit Chair Unit V Neurology
 Course Coordinator – Problem Based Tutorials – PT2T53
 Course Coordinator – Clinical Skills- PT 2L54
 Course Coordinator – Research Internship
 Tutor- Problem Based Tutorials – PT2T53

1998 Unit Chair Unit V Neurology
 Course Coordinator Clinical Skills – PT 2L54
 Unit VI Course Coordinator - Research Internship – PT 2165

1997 Unit VI, Subunit Co-chair, PT2G62

1996 Unit III Course Planner, Inquiry Seminars – PT 1S33

1995 Unit III Co-Planner, Clinical Skills Lab – PT1L34

1992 – 1994 Unit Chair, Unit III, Musculoskeletal III
 Unit III Course Planner, Problem Based Tutorial – PT1T33
 Unit III Course Planner, Clinical Skills Lab – PT1L34
 Unit V Course Planner, Clinical Skills Lab – PT2L54

Tutor

1991 – 1992 Unit V Course planner, Clinical Skills – PT2T53
 Unit V Co-planner, Combined OT/PT Inquiry Seminars 2S53

BHSc (Degree Completion OT/PT)

1990 Co-planner and Advisor, Health Sciences 4D3 – Independent Project
 Neurology

1987 Co-planner and Tutor, Health Sciences 4A3 – Theoretical Basis of
 Practice

Mohawk College, Hamilton, Ontario

Physiotherapy Programme (Diploma)

1989 Tutor, Critical Appraisal of Data, Lecturer, Neurology
 1988 – 1989 Course Planner, Introduction to Clinical Education
 1986 – 1990 Contact Advisor, Clinical Electives

Dunedin School of Physiotherapy, Otago, New Zealand

1986 Part-time Lecturer, Motor Learning, Normal Development
 1983 Part-time Lecturer, Perceptual Disturbances in Neurological Patients

Graduate

2000 Tutor Clinical Health Sciences-Health Research Methodology 721
2002 MSc Research Masters Ruth Sirur
2003 Committee Member

SUPERVISORSHIPS

Undergraduate, McMaster University

1991 – 1992 Arts and Science 4C06 (1 student)

BHSc (PT) Programme

1991 – 1998 Unit VI, Independent Study (18 Students) (complete)

Program in Gerontology

1995 – 1997 Thesis, (5 students) (complete)

GRADUATE McMASTER UNIVERSITY

1995 External Examiner MSc (Design, Measurement and Evaluation)
Thesis, Jackie Bosch

2002 Supervisor
MSc (Rehabilitation Science) McMaster University
Ruth Sirur – The effect of a cognitive-behavioural intervention on
adherence to prescribed practice

2003 Committee Member
MSc (Rehabilitation Science) McMaster University
Joan Shaw

2004 Committee Member
MSc (Rehabilitation Science) McMaster University
Vince De Paul – A Motor learning Walking Program versus Treadmill
Training in Community Dwelling Adults within six months of Stroke: A
Randomised Controlled Pilot Trial

2006 Committee Member
MSc (Rehabilitation Science) McMaster University
Jacqueline Minezes – Identifying older adults who would benefit from
home modifications

2006 Committee Member
MSc (Rehabilitation Science) McMaster University
Jeremy Griffiths – A Problem Solving Approach to Goal Setting-
Towards Improved Functional Recovery of the Upper Limb in
Hemiplegic Stroke Survivors

2006 Supervisor
MSc (Rehabilitation Science) McMaster University
Sarah Wojkowski

2007 Committee member
PhD (Rehabilitation Science)
Alison Douglas

Graduate external

2003 External examiner for Jill Slack MSc Brock University: The Effect of a
Weighted-Vest Strength and Balance Training programme on
Obstructed Walking in Postmenopausal Women

LIFETIME RESEARCH FUNDING

Funding Agency: Ontario Neurotrauma for Ontario Rehabilitation Research Advisory
Network (ORRAN)
Funding Amount: \$80,000
Funding Period: 2008-2009
Project Title: I Am Able: Population Based Rehabilitation in a Family Health Team.
Investigators: **Richardson J**, Letts, L, Chan, D., Wojkowski, S., Moore, A.,
McCarthy, L., Price, D., Kinzie, S., Oliver, D.

Funding Agency: Health Force Canada
Funding Amount: \$158,208
Funding Period: 2008-2009
Project Title: Development of a Community Scholar program: an Interprofessional
Initiative
Investigators: **Richardson J**, Letts, L, Semogaz, D., Guenter, D., Price, D., Childs,
A., Johnson, P., Smith, B., Taylor, M.

Funding Agency: Ontario Neurotrauma for Ontario Rehabilitation Research Advisory
Network (ORRAN)
Funding Amount: \$6,000
Funding Period: 2008-2009
Project Title: Development of a Community Scholar program: an Interprofessional
Initiative
Investigators: Wojkowski, S., **Richardson J**.

Funding Agency: Human Resources and Social Development Canada
Funding Amount: \$21,360
Funding Period: 2007
Project Title: Requirements and Unmet Needs for Aids, Devices and Supports for People with Agility/Mobility Impairments
Investigators: **Richardson J**, Letts, L, Wilton R, Stewart, D, Law, M.

Funding Agency: Ministry of Health and Long-Term Care-Stroke Strategy
Funding Amount: \$147,850
Funding Period: 2006 -2008
Project Title: A Motor Learning Walking Program versus Body weight supported Training in Community Dwelling Adults within Six Months of Stroke Onset: A randomised controlled Trial Investigators: De Paul, V., Wishart L, **Richardson J.**, Lee, T., Moreland, J.

Funding Agency: Ministry of Health and Long-Term Care
Funding Amount: \$75,000
Funding Period: 2005 - 2006
Project Title: Rehabilitation in Primary Care: National and International Experiences and Training Requirements
Investigators: **Richardson J**, Letts, L, Wishart L, Stewart D, Law M.

Funding Agency: Ministry of Health and Long-Term Care
Funding Amount: \$669,901
Funding Period: 2004 - 2006
Project Title: Rehabilitation in Primary Care -A Project to Maximise the Health Status of Adults with Chronic Illness
Investigators: Letts, L, **Richardson J**, (co principle Investigators), Baptiste S, Edwards M, Coman, L. Price D. Hilts, L. Stratford, P. Law M.

Funding Agency: Gender and Health Education Initiative- McMaster University
Funding Amount: \$5,000
Funding Period: 2004 - 2005
Project Title: Rehabilitation Research Training Program
Investigators: Coman, L, **Julie Richardson.**

Funding Agency: CIHR
Funding Amount: \$1.8 million
Funding Period: 2004 - 2010
Project Title: Rehabilitation Research Training Program
Investigators: Mary Law, Janice Eng (UBC), Joy MacDermid, Charles Goldsmith, Harry Shannon, Jean Wessel, Sue Baptiste, Lori Letts, **Julie Richardson**, Patty Solomon, Paul Stratford, Laurie Wishart.

Funding Agency: Hamilton Health Sciences Research Foundation
Funding Amount: \$44,567
Funding Period: 2004 - 2010
Project Title: A Pilot Study to Explore Changes in Functional Status in Older Patients with Lymphoma Treated with Chemotherapy
Investigators: Kouroukis, T. Meyer, R. Papaioannou, A. Whelan, Harvey, D. Wilkins, S. **Julie Richardson**,

Funding Agency: CIHR
Funding Amount: \$85,000
Funding Period: 2003-2006
Project Title: Evaluation of Home Care versus Hospital Care in Post Acute stroke - A Pilot Study
Investigators: **Richardson, J.**, Wishart, L., Guyatt, G., Moreland, J., Letts, L., Gafni, A., Garner, S., Wilkins, S., Thomson, G.

Funding Agency: Ministry of Health and Long-Term Care
Funding Amount: \$250,000
Funding Period: 2001-2002
Project Title: The HIPP Consultation and Rehabilitation Team: A Client-centred, Streamlined Rehabilitation Strategy
Investigators: Baptiste, S., Patterson, C., Letts, L., **Richardson, J.**, Bosch, J., Edwards, M., Harvey, D., Law, M., Stratford, P., Anderson, C., Mandy, P.

Funding Agency: Ontario Neurotrauma Foundation
Funding Amount: \$40,000
Funding Period: 2000-2001
Project Title: Pilot evaluation of a novel intervention to improve status of brain-injured individuals.
Investigators: Bedard, M., Felteau, M., Minthorn-Biggs, M., Stones, M., Mazmanian, D., **Richardson, J.**, Parkinson, B.

Funding Agency: Canadian Institute for Health Information
Funding Amount: \$5000
Funding period: 2000
Project Title: Validation of the Revised World Health organization International classification of Impairment, Disability, and Handicap (ICIDH-2)
Investigators: Law, M., Stewart, D., Baptiste, S., Rosenbaum, P., **Richardson, J.**

Funding Agency: Health Transition Fund, Health Canada
Amount: \$225,920
Funding Period: 1999-2000
Project Title: The effects and Expense of an Early Health Promotion/Rehabilitation Intervention in an Elderly Home Care Population.
Investigators: Wishart, L., **Richardson J.**, Roberts, J., Browne, G., Gafni, A.,

Wilkins, S., Shadwick, S.

Funding Agency: Senior's Health Investigation Network (SHINE): St. Peter's Hospital (\$10,000), (SHIRP) Specialized Regional Health Care for the Elderly in McMaster Aging (\$20,000), Geriatric Medicine Research (\$20,000), Hoescht & Marion Roussell (\$25,000), Merck Frost (\$10,000)

Amount: \$105,000.00

Funding Period: 1998-1999

Project Title: A collaborative project of: The Hamilton-Wentworth Disease Prevention Network and the McMaster Health Sciences Research in Aging Program

Investigators: Anand, S., Patterson, C., Chambers, L., Lonn, E., McQueen, M., Negassa, A., Ounupu, S., **Richardson, J.**

Funding Agency: St. Peter's Foundation

Amount: \$20,000.00

Funding Period: June 1998 - June 2000

Project Title: Longitudinal Analysis of Quality of Care Using St. Peter's Hospital Minimum Data Set

Investigators: **Richardson, J.**, Bedard, M., Hirdes, J., Stones, M., Braun, A., Papaioannou

Funding Agency: St. Peter's Foundation

Amount: \$7,907.96

Funding Period: 1998 - 2000

Project Title: Grip Strength: A Proxy Measure for Lower Limb Strength?

Investigators: **Richardson, J.**, Stratford, P., Jewell, L., Braun, A.

Funding Agency: The Change Foundation

Amount: \$ 83,862.80

Funding Period: 1997-2001

Project Title: Screening for Functional Change in Community Dwelling Older Adults – A Prevention Programme for Physical Disability

Investigators: **Richardson, J.**, Chan, D., Cripps, D., Giles, C., Anderson, D.

Funding Agency: R. Samuel McLaughlin Foundation

Amount: \$19,000.00

Funding Period: 1998 - 2001

Project Title: Development of an Inter-sectoral practice guideline for the secondary prevention of falls in older adults.

Investigators: Moreland, J., O'Neill, J., Bellissimo, A., Ackerman-Rainville, R., **Richardson, J.**, Chan, D., Worrall, E.J.

Funding Agency: School of Rehabilitation Science Research Fund

Amount: \$ 4,000.00

Funding Period: 1997-1998

Project Title: Muscle Weakness as a Risk Factor for Falls in Older Adults: A Research Overview and Meta-analysis
Investigators: Moreland, J., **Richardson, J.**

Funding Agency: Canadian Institute for Health Information
Amount: \$5,000
Funding Period: 1997-98
Project Title: Beta testing of the revised International Classification Impairment Disability & Handicap
Investigators: Law M., Baptiste S., Rosenbaum P., **Richardson J.**

Funding Agency: Educational Centre for Aging and Health (ECAH)
Amount: Total \$2,150.00
Funding Period: 1997
Project Title: Reintegration into the Community - Does Rehabilitation Facilitate this Process?
Investigators: **Richardson, J.**, Wishart, L., Wilkins, S., Tompkins, C., Montemuro, M.

Funding Agency: R.L. Samuel McLaughlin Centre for Gerontological Health Research
Amount: Total \$5,000.00
Funding Period: 1997
Project Title: Reintegration into the Community - Does Rehabilitation Facilitate this Process?
Investigators: **Richardson J.**, Wishart, L., Wilkins, S., Tompkins, C., Montemuro, M.

Funding Agency: St. Peter's Hospital Foundation
Amount: Total \$15,682.00
Funding Period: 1997
Project Title: Transitions in Disability and Handicap in Frail Older Adults
Investigators: **Richardson, J.**

Funding Agency: The Edith Herman Fund, McMaster University
Amount: Total \$4,275.00
Funding Period: 1995 - 1996
Project Title: Evaluation of an Instrument to Assess Functional Balance in Older Adults
Investigators: **Richardson, J.**, Moreland, J., Cripps, D., DePaul, V.

Funding Agency: The Coalition Development Fund of the Educational Centre for Aging and Health
Amount: Total \$9,500.00.
Funding Period: 1994 - 1996
Project Title: Interprofessional Clinical Education Experience in Gerontology Project
Investigators: **Richardson, J.**, Montemuro, M., Mohide, A., Cripps, D., Macpherson, A.S.

Funding Agency: The Coalition Development Fund of the Educational Centre for Aging and Health
Amount: Total \$9,500.00.
Funding Period: 1994 - 1995
Project Title: Aging with a Preexisting Disability
Investigators: Tremblay, M., McColl, M., Pentland, W., Rosenthal, C.J., **Richardson, J.**, Tryssenaar, J., Tompkins, C., Turpie, I., Watts, S.

Funding Agency: Ministry of Health
Amount: Total \$126,819.00
Funding Period: 1994 - 1996
Project Title: EASY STREET Effectiveness Trial – A Study to compare two methods of Rehabilitation to improve Independent Living Skills in the Elderly.
Investigators: **Sanford, J.**, Law, M., Swanson, L., Guyatt, G.

Funding Agency: The Bickell Foundation
Amount: Total \$ \$9,564.76
Funding Period: 1993 - 1995
Project Title: The Efficacy of Resistance Exercise Training in Stroke Patients: A multiple Baseline Study
Investigators: Moreland J., **Sanford J.**

Funding Agency: Hamilton Foundation
Amount: \$2,600.
Funding Period: 1993
Project Title: Reliability of Strength Measurement of Lower Extremity Muscle Groups in Elderly Fallers
Investigators: **Sanford J.**, Stratford, P., Cripps, D.

Funding Agency: Hamilton District Ontario Physiotherapy Association (OPA)
Amount: \$1,000.
Funding Period: 1992
Project Title: Development of Instrument to Evaluate Shoulder Pain in Stroke Patients
Investigators: Vanspall, B., **Sanford, J.**, Moreland, J.

Funding Agency: St. Peter's Foundation
Amount: \$8,900.
Funding Period: 1991
Project Title: Pilot Project to Investigate the Reliability and Responsiveness of the Older American Research and Services Instrument, the Structured Assessment Instrumental Living Scores and the Canadian Occupational Performance Measure
Investigators: **Sanford, J.**, Law, M., Swanson, L., Guyatt, G.

Funding Agency: Ministry of Health

Amount: \$6,465.00
Funding Period: 1990
Project Title: Pilot project to develop and evaluate two models of student supervision within the Home Care setting
Investigators: Solomon, P., **Sanford, J.**

Funding Agency: Research and Development Committee, Mohawk College
Amount: \$1,600
Funding Period: 1990
Project Title: Reevaluation of the Item Weights for the Physiotherapy Clinical Performance Evaluation Form
Investigators: **Sanford, J.**, Saarinen, H., Solomon, P., Stratford, P., Thompson, M., Dilworth, P.

Other Funding

Funding Source: R Samuel McLaughlin Foundation
Amount: \$125,000
Project Title: Development of Research Programme
Funding Period: 1997-98
Investigators: Aging, Mobility and Participation Research Group: **Julie Richardson**, Laurie Wishart L. (Co-chairs)

Unfunded

Project Title: The Impact of Mobility Aids on the Degree of Disability and Handicap Experienced by Older Adults
Investigator(s): **Richardson J.**, Mendoza, J.
Location of Study: St. Peter's Hospital

Project Title: Residents Family Visiting in a Chronic Care Setting
Investigator(s): Aarden, J., Rosenthal, C., **Richardson, J.**
Location of Study: St. Peter's Hospital

Project Title: Perception of Research Involvement in Older Adults
Investigator(s): **Richardson, J.**, Law, M., Swanson, L.R., Guyatt, G.
Location of Study: St. Peter's Hospital

Project Title: A Reliability Study of the Sensory Stimulation Profile
Investigator(s): Kellogg, R., **Richardson J.**, Schindel-Martin L.
Location of Study: St. Peter's Hospital

Project Title: Clinicians' Attitude toward changes in Practice
Investigators: **Richardson, J.**, Law, M., Swanson, L.R., Guyatt, G.

Project Title: Reliability of Strength Testing Measurements in the Elderly
Investigators: **Sanford, J.**, Stratford, P., Cripps, D.

Project Title: Strength testing of Elbow Extensors Healthy Adults using the myometer
Investigators: **Sanford, J.**, Stratford, P.

Project Title: Use of Single Subject Design to Evaluate Potential Adverse Treatment Effect

Investigators: Gill, C., Stratford, P., **Sanford, J.**

Project Title: Grading Written Essays - A Reliability Study

Investigators: Williams, R., **Sanford, J.**, Stratford, P., Newman, A.

Project Title: The effect of Station Examination Item Sampling on the Generalizability of Student Performance

Investigators: Stratford, P., Thomson, M., **Sanford, J.**, Fraser MacDougall, V., Nixon, P., Saarinen, H., Dilworth, P., Solomon, P., Pierce-Fenn, H.

ACADEMIC AWARDS

Funding Agency: Medical Research Council

Amount Total: \$60,090

Funding Period: 2000-2002

Award Title: MRC/ PFC Doctoral Training Award

Award Recipient: **Richardson, J.**

Funding Agency: National Health and Welfare, Canada

Amount Total: \$142,000.00

Funding Period: 1995 - 1998

Award Title: Community Researcher Award

Award Recipient(s): **Richardson, J.**

Awarding Agency: Canadian Physiotherapy Association

Award Title: Silver Quill Award: Clinical Research for the article The use of a single subject design to evaluate a potential adverse effect treatment effect.

Award Period: 1993

Award Recipient(s): Gill, C., Stratford, P., **Sanford, J.**

Awarding Agency: Ontario Physiotherapy Association

Award Title: Special Award for Research

Award Period: 1993

Award Recipient(s): **Sanford, J.**

Funding Agency: Gerontological Interdisciplinary Education Project of the Educational Centre for Aging and Health

Amount Total: \$500.00

Funding Period: 1992

Title: The Evolution of Interdisciplinary Education in the New Bachelor of Health Science Programs in Occupational Therapy (OT) and Physiotherapy (PT) at McMaster University

Recipients: **Sanford, J.**, Cooper, B., Swanson, L., Ward, M.

FUNDED EDUCATIONAL PROJECTS

Funding Agency: Educational Centre for Aging and Health
Amount Total: \$500.00
Funding Period: 1994
Project Title: Development of an educational video entitled 'Assessment of mobility in the cognitively impaired older adult. Part A - Identification of the issues and demonstration of communication skills
Investigator(s): Swanson, L., **Richardson, J.**

Funding Agency: Educational Centre for Aging and Health
Amount Total: \$500.00
Funding Period: 1994
Title: Development of an educational video entitled 'Assessment of mobility in the cognitively impaired older adult. Part B - Demonstration of management techniques
Investigator(s): **Richardson, J.**, Swanson, L.

LIFETIME PUBLICATIONS

Peer Reviewed Journal Articles

1. Sirur, R. **Richardson, J.** Wishart, L, Hanna, S The Role of Theory to Increase Adherence to Prescribed Practice for Motor Relearning. Accepted to Physiotherapy Canada.
2. **Richardson, J.**, Letts, L., Baptiste S, Edwards M, Coman, L. Price D. Hilts, L. Stratford, P. Law M. The Integration of Rehabilitation into Primary Health Care: Results of a Randomised Trial. Accepted to Annals of Primary Care with revisions
2. **Richardson, J.**, Chan, D., Giles, Risdon C., Cripps, D., Mulveney S. Monitoring Functional Change in Community Dwelling Older Adults – A Randomised Controlled Trial. Accepted Clinical Rehabilitation
3. Letts L., Moreland, **J. Richardson, J.** Coman, L. Wilkins S., Wishart L., Edwards, M. Environmental risk factors for falls - a systematic review. Submitted to Disability and Rehabilitation.
4. **Sirur, R.**, Richardson, J., Wishart, L., Hanna S. A Cognitive-Behavioral Intervention to Increase Adherence to Prescribed Practice for Motor Relearning. Festival of International Conferences on Caregiving, Disability, Aging and Technology 2007: Advances in Neurorehabilitation June. 2007
1. Coman, L. **Richardson, J.** Relationship Between Self Report and Performance Measures of Function - A Systematic Review. Canadian Journal on Aging. July 2006.

2. Moreland JD, **Richardson JA**, Goldsmith CH, Clase CM. Muscle weakness and falls in older adults: a systematic review and meta-analysis. *J Am Geriatr Soc* 2004;52:1121-1129.
3. **Richardson, J.** Gender differences in physical functioning in older persons with angina. *Disability and Rehabilitation*. 2003; 25,17, 973-983.
4. Bedard M., Felteau M., Mazmanian D., Fedyk K., Klein R., **Richardson J.**, Parkinson W., Minthorn-Biggs MP. Pilot evaluation a mindfulness-based intervention to improve quality of Life among individuals who sustained traumatic head injuries. *Disabil Rehab* 2003; 25 (13): 722-31.
5. Moreland, J., **Richardson, J.**, Chan, D., O'Neill, J., Bellissimo, A., Grum, R., Shanks, L. Development of a Community Practice Guideline for the Secondary Prevention of Falls in Older Adults. *Gerontology*. February 2003; 49:93-116.
6. Wilkins, S., Finch, E., Letts, L., Martin, K., Moreland, J., **Richardson, J.**, Wishart, L. Development of Interprofessional Clinical Research Collaboration in Gerontology. *Gerontology and Geriatrics Education*, 2002, 22, (3),93-106.
7. Richardson, J., Bedard, M., Weaver, B. Changes in Physical Functioning in Institutionalized Older Adults. *Disability and Rehabilitation*, 2001, 23 (15), 683-689.
8. **Richardson, J.**, Moreland, J., Fox, P. The State of Evidence-Based Care In Long-Term Care Institutions - A Provincial Survey. *Canadian Journal on Aging*.2001, Vol 20, (3), 357-372.
9. **Richardson, J.**, Prentice, D., Rivers, S. the Development of an Interdisciplinary evidence based skin care pathway for long term care. *Advances in Skin and Wound Care*. 2001;14: 197-205. Selected for the Continuing Medical Education section.
10. **Richardson, J.**, Law, M., Wishart, L., Guyatt, G. The Use of a Simulated (EASY STREET) Retrain Independent Living Skills In the Elderly - A Randomized Controlled Trial. *Journal of Gerontology, (Medical Sciences)*2000, Vol 55A, 8, M1-M7.
11. Fox, P., **Richardson, J.**, McInnes, B., Tait, D., Bedard, M. Effectiveness of a Bed Positioning Program for the Treatment of Older Adults with Knee Contractures in institutions. *Physical Therapy*, 2000: 80, 4, 363-372.
12. **Richardson, J.**, Montemuro, M., Mohide, E.A., Cripps, D., and Macpherson, A.S. Training for Interprofessional Teamwork - Evaluation of an Undergraduate Experience. *Educational Gerontology*.1999; 25:411-434.
13. **Richardson, J.**, Stratford, P., and Cripps, D. Assessment of reliability of the hand-held dynamometer for measuring strength in healthy older adults. *Physiotherapy Theory and Practice*. 1998; 14: 49-54.
14. **Richardson, J.**, Edwards, M. An Undergraduate Clinical Skills Laboratory developing Interprofessional skills in Physical and Occupational therapy. *Gerontology & Geriatrics Education*. 1997; 17(4): 33-43.
15. Fox, P., **Richardson, J.**, McInnes, B., Tait, D. Bed positioning programs for older adults in a chronic care hospital— A survey. *Physical & Occupational Therapy in Geriatrics*. 1997; 15(1): 75-89.

16. **Richardson, J.**, Cripps, D., Mohide, A., McPherson, A.D. Educating students for interprofessional teamwork in the clinical placement setting. *Educational Gerontology*. 1997; 23(7): 669-693.
17. **Richardson, J.**, Stratford, P., DePaul, V., Chisolm, K., Balsor, B. A. Multirater Reliability Study of Isometric Elbow Extensors in Healthy Adults. *Physiotherapy Canada*. 1997; Summer: 178-190.
18. Vanspall, B., **Richardson, J.**, Moreland, J. Variables for Assessing Shoulder Pain Following Stroke: A Modified Delphi Survey. *Canadian Journal of Rehabilitation*. 1997; (10)1.
19. **Richardson, J.**, Cooper, B., Swanson, L., Ward, M. Interprofessional Education in Gerontology: A Problem-Based Model. *Geriatrics and Gerontology Education*. 1995; 16(2): 37-51.
20. Gill, G., **Sanford, J.**, Binkley, J., Stratford, P., Finch, E. Low Back Pain - Program Description and Outcome in a case Series. *J Orthop Sports Phys Ther*. 1994; 20(1): 11-16.

Accepted & Submitted

Book Chapters

1. Wilkins, S. Letts, L., **Richardson, J.** 2007. In *Functional Performance in Older Adults*. Eds Bonder B.R., and Wagner M.B. In press
2. **Richardson, J.** Letts, L. 2005. *Community Health/Community Practice In Innovation in Rehabilitation education - Education Leadership for the Future*. Eds: Solomon, P. Baptiste, S. Springer-Verlag.
3. **Richardson, J.** 2003. *Health Care Delivery of Rehabilitation Services (Occupational Therapy and Physical Therapy) for Post Acute Stroke - Home Care versus institutional care - what is the evidence?* Law (Ed) *Evidence-based rehabilitation: A guide to practice*. Thorofare, NJ: Slack Inc.
4. Tremblay, M., Tryssenaar, J., Clark, K., **Richardson, J.**, Watt, S., Rosenthal, C., Tompkins, C., Turpie, I., McColl, M.A., Pentland, W. *Aging with a pre-existing disability: Developing a bibliography and curriculum guide for health and social science educators*. pp. 567-579. 1997.
5. Tremblay, M., Clark, K., McColl, M., Pentland, W., **Richardson, J.**, Rosenthal, C., Tompkins, C., Tryssenaar, J., Turpie-Watt, I. *Aging with a pre-existing disability. Bibliography*. July 1995.
6. Swanson, L. **Sanford, J.** *Motor Learning Concepts Applied to Rehabilitation of the Older Adult*. Pickles B. (Ed.) *In Physiotherapy in the Care and Treatment of Older People*. London: Saunders, 1995.

Technical Reports

1. **Richardson J**, Letts, L, Wilton R, Stewart, D, Law, M. Requirements and Unmet Needs for Aids, Devices and Supports for People with Agility/Mobility Impairments. *Submitted to* Human Resources and Social Development Canada, 2007
2. **Richardson, J.**, Letts, L., Wishart, L., Stewart, D.' Law, M.' Wojkowski, S. Rehabilitation in Primary Care National and International Examples and Training Requirements Technical Report to MOH March 2006

Abstracts

Peer Reviewed Abstract

Presentations

1. Letts, L., **Richardson, J.**, Wilton, R., Stewart, D., Law, M., McCauley, D., Colquhoun, H., "Unmet needs for aids, devices and supports in people with agility and mobility disabilities." Paper presented at the Canadian Association on Gerontology Conference, November 2007, Calgary, Alberta.
2. **Richardson, J.**, Letts, L., Baptiste S, Edwards M, Coman, L. Price D. Hilts, L. Stratford, P. Law M. The Integration of Rehabilitation into Primary Health Care: Results of a Randomised Trial. International Congress of the World Confederation for Physical Therapy, June 2007, Vancouver, Canada.
3. **Richardson, J.**, Letts, L., Wishart, L., Stewart, D., Law, M., Wojkowski, S. The Integration of Rehabilitation into Primary Health Care: A Canadian Perspective. International Congress of the World Confederation for Physical Therapy, June 2007, Vancouver, Canada.
4. Wojkowski, S., **Richardson, J.**, Wishart L., Letts, L., Stewart, D., Law, M. The Integration of Physiotherapy in Primary Care Practice: An International Perspective. Special Interest Poster Presentation, World Confederation for Physical Therapy Conference, June 2007, Vancouver, British Columbia, Canada
5. Wojkowski, S., **Richardson, J.**, Letts, L., Davis, M., Barber, A. A Multidisciplinary Self Management Diabetes Self Management Program. Special Interest Poster Presentation, World Confederation for Physical Therapy Conference, Vancouver, British Columbia, Canada
6. **Coman L**, Richardson J, Southam J, Letts L: The Role of the Physiotherapist in a Primary Health Care Setting. Special Interest Report Poster presented at the 15th International Congress of the World Confederation for Physical Therapy, June 2007, Vancouver, Canada.

7. Wishart, L., **Richardson, J.**, Roberts, J., Browne, G., Gafni, A., Wilkins, S., Henderson, S. World Congress of Physical Therapy, The Effects of Early Health Promotion/Rehabilitation Intervention in an Older Adult Home Care Population, Vancouver, BC. June, 2007.
8. Sirur, R., **Richardson, J.**, Wishart, L., Hanna S. Increasing Adherence to Prescribed Practice. Festival of International Conferences on Caregiving, Disability, Aging and Technology 2007: Advances in Neurorehabilitation. Toronto. June, 2007

LIFETIME PRESENTATIONS

Invited Presentations:

1. Douglas, A., **Richardson, J.**, Letts, L., & Wilkins, S. "Perceived quality of life in a community dwelling older adult population." Poster presented at the CIHR Canadian Health Student Research Forum, Winnipeg MB, June, 2007.
2. **Richardson, J.**, Letts, L. Wilton, R., Law, M., Stewart, D., McCauley, D., & Colquhoun, H. "Requirements and Unmet Needs for Aids, Devices and Supports for People with Agility/Mobility disabilities". Podium presentation, HRSDC Disability Research Colloquium, Ottawa, Ontario, March, 2007.
1. **Julie Richardson** & Sarah Wojkowski CPA Teleconference December 2006 Health Outcomes Associated with the Integration of Physiotherapy within Primary Healthcare: International and National examples December 12, 2006
2. Richardson, J., **Letts, L.**, Chan, D., Baptiste, S., Edwards, M., Coman, L., Price, D., Hilts, L., Stratford, P. & Law, M. "Rehabilitation in primary care: A project to maximize the health status of adults with chronic illness". Podium & Poster presentations, Primary Health Care Transition Fund Summit 2006, Toronto, Ontario, August 2006.
3. **Richardson J.** Self-Management of Chronic Disease and Professional Intervention – 23rd Annual Summer Institute on Gerontology June 2006
4. **Letts, L.**, Richardson, J., Chan, D., Baptiste, S., Edwards, M., Coman, L., Price, D., Hilts, L., Stratford, P. & Law, M. "Rehabilitation in primary care: A project to maximize the health status of adults with chronic illness". Poster presentation, Celebrating Innovations in Health Care, Ontario Ministry of Health and Long Term Care, Toronto, Ontario, April 2006.
5. **Richardson, J.** Prevention of Functional decline in community dwelling older persons – An Issue for primary care. School of Population Health Auckland University, New Zealand. October 2005.
6. **Richardson, J.** Assessment of Physical Function - Issues in research with older adults. School of Population Health Auckland University, New Zealand. November. 2005.

7. **Richardson, J.** Prevention of Functional decline in community dwelling older persons – A Role for Rehabilitation in primary care. Auckland; and. Division of Rehabilitation & Occupation Studies, Faculty of Health & Environmental Studies. University of Technology, New Zealand. October 2005.
8. **Richardson, J.** McMaster School of Nursing Research Day – Collaborative Interdisciplinary Research in Aging-Bridging the Gap Between Research and Nursing Practice. October 2000. Hamilton Convention Center.
9. **Richardson, J.** Workshop Lets Talk Research 98 – Writing a Research Proposal. Hamilton Health Science Corporation. Hamilton, ON. October 1998.
10. **Richardson, J.,** Moreland, J., Fox, P. Research Concerning Functional Health of Older Adults. Talk to Ontario Physiotherapy Association. Hamilton, ON. September 1998.
11. **Richardson, J.,** Wishart, L. Rehabilitation of Older Adults in Simulated Environments. Telemedicine Canada. Hamilton, ON. February 1998.
12. **Richardson, J.,** DePaul, V., Moreland, J., Cripps, D. Balance Assessment in Older Adults. St. Joseph's Health Care System Poster Symposium. Hamilton, ON. November 1997.
13. **Richardson, J.,** Moreland, J., DePaul, V., Jewell, L., Costello, S., Cripps, D. Development of an Instrument to Assess Functional Balance in Older Adults. Ontario Gerontology Association. Toronto, ON. May 1997.
14. Moreland, J., **Richardson, J.,** Woods, S. Stimulating Evidence-based Practice. Ontario Gerontology Association. Toronto, ON. May 1997.
15. **Richardson, J.,** Jewel L. Falls in the Elderly. Academic Series for Health Studies. McMaster University. Hamilton, ON. March 1996.
16. **Richardson, J.,** Jewel L. Evening with the Experts: Clinical Implication of Falls in the Elderly. Ontario Physiotherapy Association. Hamilton, ON, January 1996.
17. **Richardson, J.,** Fox, P., McInnes, B., Peace, D. Promoting Physical Activity in Older Adults – A Role in Promotion for Physical Therapists. Educational Centre for Aging and Health (ECAH) 8th Annual Conference. Toronto, ON. May 1995.
18. Pollock, N., **Richardson, J.** Clinical Relevance of Research. Occupational Therapy and Physiotherapy Study Students, Unit VI. McMaster University. May 1995.
19. Law, M., **Sanford, J.** Measuring Rehabilitation Outcomes – A workshop for all rehabilitation personnel. Sault Sainte Marie, Ontario. Organized by the Northern Outreach Program, The University of Western Ontario. February 1994.

20. Clark, P., Byrne, C., LeClaire, K., Ryan, D., **Sanford, J.**, Waddis, L. Interdisciplinary Team Functioning. "How to Survive the Drought". One day Workshop at McMaster University. February 1994.
21. **Sanford, J.**, Geriatric Rehabilitation – Incorporating the Environment. Grand Rounds Presentation St. Peter's Hospital. 1992.
22. Williams, R., **Sanford, J.**, Stratford, P., Newman, A. Grading Written Essays – A Reliability Study. Programme for Educational Development Rounds. McMaster University. 1992.

Peer Reviewed Presentations

3. **Richardson, J.**, Letts, L., Chan, D., Baptiste, S., Edwards, M., Coman, L., Price, D., Hiltz, L., Stratford, P., & Law, M. Rehabilitation in Primary Care: A Randomized Controlled Trial to assess the effectiveness and costs of rehabilitation services on the Health status of adults with chronic illness. North American Primary Care Research Group Meeting. Arizona October 2006
4. Letts, L., **Richardson, J.**, Chan, D., Baptiste, S., Edwards, M., Coman, L., Price, D., Hiltz, L., Stratford, P., & Law, M. Rehabilitation in Primary Care: Satisfaction of Patients and Team Members. North American Primary Care Research Group Meeting. Arizona October 2006
5. Wojkowski, S. **Richardson, J.**, Wishart, L., Letts, L., Stewart, D & Law, M. Achieving Primary Care Reform – The Contribution of Rehabilitation. Canadian Health Services Research Foundation Conference (CHSRF) Vancouver September 2006
6. **Richardson, J.**, Wojkowski, S., Wishart, Letts, L, Stewart, D & Law, M. The Integration of Rehabilitation into Primary Care – A Canadian Experience. Canadian Health Services Research Foundation Conference (CHSRF) Vancouver September 2006
7. Letts, L., **Richardson, J.**, Chan, D., Baptiste, S., Edwards, M., Coman, L., Price, D., Hiltz, L., Stratford, P., & Law, M. “Rehabilitation in primary health care: Preliminary results of a randomized controlled trial. Canadian Association of Occupational Therapists Conference, June 2006.

8. Letts, L., **Richardson, J.**, Chan, D., Baptiste, S., Edwards, M., Coman, L., Price, D., Hiltz, L., Stratford, P., & Law, M. ““Rehabilitation in primary health care: Preliminary results of a randomized controlled trial. World Federation of Occupational Therapists Congress, July 2006.
9. Letts, L., Davis, M., **Richardson, J.**, Edwards, M., Baptiste, S., & Law, M. ““Exploring occupational therapy”’s role in a primary health care setting. World Federation of Occupational Therapists Congress, July 2006.
10. Southam, J., Coman, L., Davis, M., **Richardson, J.**, & Letts, L. “Development and implementation of a rehabilitation self-management program in a primary care setting. Canadian Physiotherapy Association Congress, June 2006.
11. Letts, L., **Richardson, J.**, Chan, D., Baptiste, S., Edwards, M., Coman, L., Price, D., Hiltz, L., Stratford, P., & Law, M. ““Rehabilitation in primary health care: Preliminary results of a randomized controlled trial. Canadian Association of Occupational Therapists Conference, June 2006.
12. Davis, M., Southam, J., Coman, L., Letts, L., & **Richardson, J.** ““Reflections on implementing self-management education to adults with chronic illnesses.”” Canadian Association of Occupational Therapists Conference, June 2006.
13. Letts, L., **Richardson, J.**, Chan, D., Baptiste, S., Edwards, M., Coman, L., Price, D., Hiltz, L., Stratford, P., & Law, M. ““Rehabilitation in primary health care: Preliminary results of a randomized controlled trial. Paper presentation, World Federation of Occupational Therapists Congress, July 2006. Letts, L., Davis, M.,
14. **Richardson, J.**, Edwards, M., Baptiste, S., & Law, M. ““Exploring occupational therapy”’s role in a primary health care setting. World Federation of Occupational Therapists Congress, July 2006.
15. Shaw, J., Wishart, L., Lee, T., **Richardson, J.** (2005). Focus of attention during therapy enhances upper extremity motor function after stroke. Inter-Urban Stroke Conference, Toronto, ON, April 8, 2005.
16. Shaw, J., Wishart, L., Lee, T., **Richardson, J.** (2005). Focus of attention affects upper extremity functional recovery after stroke. North American Society of Psychology of Sport and Physical Activity [NASPSPA], St. Petersburg, FL, June 9-11, 2005.
17. Shaw, J., Wishart, L., Lee, T., **Richardson, J.** (2004). The effect of task instructions in supervised activity practice on upper extremity recovery after stroke. Queen’s University: Research in Rehabilitation Symposium, June 11, 2004.
18. **Richardson J.**, Chan D., Giles C., Risdon C., Mulveney S., Cripps D. Monitoring Functional Change in Community Dwelling Older Adults - A Prevention programme for Physical Disability. Canadian Association of Gerontology Conference. Toronto. October 2003.

19. Coman L. **Richardson J.** Correlation between Self-Report and Performance in Older Adults - The Nagi Physical Performance Scale. Canadian Association of Gerontology Conference. Toronto. October 2003.
20. Letts L., Moreland J., Coman L., Finch E., Martin K., **Richardson J.**, Wilkins S., Wishart L. Lessons learned from conducting a meta-analysis. Canadian Association of Occupational Therapists Annual Conference 2003.
21. Moreland, J., **Richardson, J.** Muscle Weakness as a Risk Factor for Falls in Older Adults: A Research Overview and Meta-analysis. Accepted to Canadian Physiotherapy Conference Halifax. July. 2002.
22. Sirur, R., **Richardson, J.**, Wishart, L. Adherence to Unsupervised Practice by Older Adults. Canadian Physiotherapy Conference Halifax. July. 2002.
23. Moreland, J., **Richardson, J.**, Chan, D., O'Neill, J., Bellissimo, A., Grum, R.M., Shanks, L. Evidence-based guideline for the secondary prevention of falls in older adults. *Gerontology* 2001; 47 (suppl 1): 598.
24. Altimas, T., White, J., **Richardson, J.** Grip Strength: A Proxy Measure for Lower Extremity Strength in the Elderly. *Physiotherapy Canada*. May 2001.
25. Moreland, J., **Richardson, J.**, Chan D. O'Neill J., Bellissimo A., Grum R., Shanks L. Evidence-based Guideline for the Secondary Prevention of Falls in Older Adults-*Gerontology*. July 2001.
26. **Richardson, J.**, Moreland, J., De Paul., Cripps, D., Jewell, L. The Functional Balance Test: Assessing Balance and Predicting Falls in Older Persons. (1999) *The Gerontologist*, 39, 374.
27. Moreland, J.D., **Richardson, J.**, Goldsmith, G.H. Muscle Weakness as a Risk Factor For Falls in Older Adults: A Research Overview and Meta-analysis. (1999). *The Gerontologist*, 39,1, 561.
28. **Richardson, J.**, Law, M., Guyatt, G., Wishart, L. Simulated Environment and Aging Trial (SEAT). (1998) *The Gerontologist*, 1, 356.
29. Cripps, D., **Richardson, J.**, Cameron, R. Analysis of Cost versus Functional Outcomes in a Geriatric Day Hospital Programme, *The Gerontologist*, Volume 36 Special Issue 1, 1996.
30. Cripps, D., **Sanford J.**, Stratford, P. Reliability of Strength Testing Measurements in the Elderly, *Physiotherapy Canada* 45, 2(supp) 22, 1993.
31. Cripps, D., **Sanford, J.** City Mall Walks, *Physiotherapy Canada*, 43, 2 (supp) 3, 1991.

32. Gowland, C., Torresin, W., Stratford, P., Plews, N., Van Hullenar, S., Moreland, J., **Sanford, J.** Chedoke-McMaster Stroke Assessment: A Comprehensive Clinical and Research Measure. Proceedings World Confederation for Physical Therapy, 11th International Congress 1991(Book 2): 851-853.
33. **Sanford, J.** Hemispatial Differences following Stroke. *Physiotherapy Canada*, 40 (2 suppl):14, 1988 and *Phys Ther* 68, 6:808, 1988.
34. Stratford, P., Pierce-Fenn, H, Dilworth, P, Fraser-MacDougall, V, Nixon, P, Saarinen, H., **Sanford, J.**, Solomon, P., Thomson, M. The Effect of Item Sampling on the Estimate of Student Performance Reliability. *Physiotherapy Canada* 40(2, supp.):15, 1988.*Physical Therapy*, 68:841, 1988.
35. **Sanford, J.**, Cooper, B., Swanson, L.R., Ward, M. The approach to the study of gerontology in the problem based curricula of the school of occupational therapy and physiotherapy at McMaster University: Theoretical issues. Proceedings from the 5th Annual Conference on Education in Aging and Health, Kingston, Ontario, 1992.

Non Peer Reviewed Journal Articles

1. **Richardson, J.**, Moreland, J., De Paul., Cripps, D., Jewell, L. The Functional Balance Test: Assessing Balance and Predicting Falls in Older Persons. *Synapse, Newsletter of the CPA Neurosciences Division*. 1999; Vol XIX, No3, 14-19.
2. Vanspall, B, Moreland, J., **Sanford, J.** The Puzzle: Hemiplegic Shoulder Pain the Ongoing Issue of Concern and Controversy. *Synapse, Newsletter of the CPA Neurosciences Division*. 1994; 14: 5-6.

Presentations (Peer Reviewed)

1. Shaw. J., Wishart, L., Lee, T., **Richardson, J.** (2004). The effect of task instructions in supervised activity practice on upper extremity recovery after stroke. Queen's University: Research in Rehabilitation Symposium, June 11, 2004.
2. Shaw, J., Wishart, L., Lee, T., **Richardson, J.** (2005). Focus of attention during therapy enhances upper extremity motor function after stroke. Inter-Urban Stroke Conference, Toronto, ON, April 8, 2005.
3. Shaw, J., Wishart, L., Lee, T., **Richardson, J.** (2005). Focus of attention affects upper extremity functional recovery after stroke. North American Society of Psychology of Sport and Physical Activity [NASPSPA], St. Petersburg, FL, June 9-11, 2005.
4. Wishart, L. **Richardson, J.**, Roberts, J., Browne, G., Gafni, A., Wilkins, S., Shadwick, S. Effects and Expense of an Early Health Promotion and Rehabilitation

Intervention in an Early CCAC Population. Ontario Association of Community Care Access Centers. 2000 Conference. June 11-13. Toronto.

5. Finch, E., Letts, L., Martin, K., Moreland, J., Papaioannou, A., **Richardson, J.**, Solomon, P., Wilkins, S., Wishart, L. Development of Interprofessional Clinical Research Collaboration in Gerontology. The Tri-Joint Congress 2000. May 2000. Toronto.
6. Wishart, L., **Richardson, J.** Application of Motor Learning Principles to Rehabilitation Interventions. The Tri-Joint Congress 2000. May 2000. Toronto.
7. **Richardson, J.**, Bedard, M., Weaver, B. Changes in Physical Functioning in Institutionalized Older Adults – Are these changes hierarchical? Canadian Association on Gerontology. Ottawa. Ontario, CANADA. November 1999.
8. **Richardson, J.**, Chan, D., Cripps, D., Mulveney, S., Anderson, D. Screening for Physical Functional Changes in Community-Dwelling Older Adults - A Preventative Programme for Physical Disability. North American Primary Care Research Group. November 1999.
9. Moreland, J., **Richardson, J.** Validity of Studies assessing Muscle weakness as a Risk factor for falls. Canadian Association of Gerontology Annual Conference. November. 1999.
10. Prentice, D., Rivers, S., **Richardson, J.**, Johnstone, B. Development of an Interdisciplinary Evidence-Based Skin Care Pathway. Poster for the 13th Annual Clinical Symposium on Wound Care. Atlanta, Georgia, October 1998.
11. **Richardson, J.**, Law, M., Wishart, L., Guyatt, G. Simulated Environment and Aging Trial. Canadian Association on Gerontology. Calgary, Alberta, October 1997.
12. **Richardson, J.**, Moreland, J., DePaul, V., Jewell, L., Costello, S., Cripps, D. Development of an Instrument to Assess Functional Balance in Older Adults. Ontario Gerontology Association. Toronto, Ontario, May 1997.
13. Moreland, J., **Richardson, J.**, Woods, S. Stimulating Evidence-based Practice. Ontario Gerontology Association. Toronto, Ontario, May 1997.
14. **Richardson, J.**, Montemuro, M., Mohide, A., Cripps, D., Macpherson, A.S. Training for Interprofessional Team Work – Evaluation of an Undergraduate Experience. Canadian Association on Gerontology. Quebec City, Quebec, October 1996.
15. **Richardson, J.**, Moreland, J., Fox, P. Evidence-based Practice – The Role of Chronic Care Hospitals. 49th Annual Scientific Meeting of the Gerontological Society of America. Washington, DC, November 1996.

16. Moreland, J., **Richardson, J.** Training in Evidence-based Practice for Case Managers in a Chronic Care Academic Health Centre. Ontario Health Care Evaluation Network Symposium. Toronto, Ontario, November 1996.
17. **Richardson, J.**, Guyatt, G. Role Functioning in Older Adults – A Proxy for HRQoL. American Geriatric Society/American Federation for Aging Research 1996 Annual Meeting. Chicago, Illinois, May 1996.
18. Cripps, D., **Richardson, J.**, Cameron, R. A Cost Analysis of a Day Hospital Program. Ontario Gerontology Association 15th Annual Conference. Toronto, Ontario, May 1996.
19. **Richardson, J.**, Swanson, L., Mulveney, S. Older Adults' Perception of Research. Ontario Gerontology Association 15th Annual Conference. Toronto, Ontario, May 1996.
20. Aarden, J., Rosenthal, C., **Richardson, J.** Visiting in chronic care settings. Ontario Gerontology Association 15th Annual Conference. Toronto, Ontario, May 1996.
21. Keen, S., **Richardson, J.**, Cameron, R. Auditing Medication Rounds on a Palliative Care Unit. Ontario Gerontology Association 15th Annual Conference. Toronto, Ontario, May 1996.
22. **Richardson, J.**, Montemuro, M., Cripps, D., Mohide, E.A., Macpherson, A.S. Interprofessional Clinical Education in Gerontology Project. Association for Gerontology in Higher Education, 22nd Annual Meeting. Philadelphia, Pennsylvania, February 1996.
23. **Richardson, J.**, Guyatt, G. Health Related Quality of Life in Older Adults. Canadian Association Gerontology Conference. Vancouver. October 1995.
24. Cripps, D., **Richardson, J.**, Montemuro, M. Interprofessional Educational - Effects on an Interdisciplinary Team, Canadian Association of Gerontology, Vancouver, B.C. Oct 1995
25. **Sanford, J.**, Stratford, P., McInnes, B., Simpson, K., Cripps, D. Reliability of Testing Muscle Strength and its Relationship to Physical Function in Older Adults Who Fall. American Geriatrics Society Conference. Washington May 1995.
26. **Sanford, J.**, Fox, P., McInnes, B., Peace, D. Promoting Physical Activity in Older Adults – A Role in Health Promotion for Physical Therapists. The 8th Annual Conference of the Educational Centre for Aging and Health. (ECAH). Toronto, May 1995.
27. Montemuro, M., **Sanford, J.**, Mohide, E.A., Cripps, D., Macpherson, S. An Interprofessional Clinical Education Experience. Canadian Association of Gerontology Conference. Vancouver. October 1994.

28. **Sanford, J.**, Law, M., Swanson, L., Guyatt, G. Assessing Clinically Important Change as a consequence of Rehabilitation in Older Adults. American Society on Aging. San Francisco March 1994.
29. Black, B., **Sanford, J.**, Chapman, J. Job Satisfaction in a Physiotherapy Department. Ontario Physiotherapy Association. March 1994.
30. **Sanford, J.**, Law, M., Swanson, L., Guyatt, G. Functional Assessment of Older Adults – A Report on Three Measures. Canadian Physiotherapy Association / American Physiotherapy Association. June 1994.
31. McInnes, B., **Sanford, J.**, Stratford, P., Simpson, K., Foley, J. Strength testing Lower Extremity muscle groups in Elderly Fallers – A Reliability Study. Canadian Physiotherapy Association/American Physiotherapy Association. June 1994.
32. Moreland, J., **Sanford, J.**, Kay, T., Hall-Bullock, F., Uuschilt, M. The Efficacy of Resisted Exercise Training in Stroke Patients. Canadian Physiotherapy Association / American Physiotherapy Association. March 1994.
33. Cripps, D., **Sanford, J.**, Stratford, P. Reliability of Strength Testing Measurements in the Elderly CPA Congress, Halifax, May 1993.
34. **Sanford, J.**, Stratford P. Strength Testing of Elbow Extensors in Healthy Adults using the Myometer – A Reliability Study. Canadian Physiotherapy Congress. Saskatoon. June. 1992
35. Moreland, J., **Sanford, J.**, Swanson L., Stratford P., Gowland C. Reliability of the Fugl-Meyer Evaluation of Physical Performance for the In-Patient Active stroke Population. Canadian Physiotherapy Congress. Saskatoon, June. 1992.
36. **Sanford, J.**, DePaul, V., Chisholm, K., Sampson, D. Development of a Clinical Audit Cycle -Balance Disorders related to Falls in the Elderly. Ontario Association Physiotherapists. Hamilton. February 1992.
37. Gowland, C., Torresin, W., Stratford, P., Plews, N., Van Hullenaar, S., Moreland, J., **Sanford, J.** Chedoke – McMaster Stroke Assessment: A Comprehensive Clinical and Research Measure. World Congress. London 1991.
38. **Sanford, J.**, Williams, R., Stratford, P., Newman, A. A Reliability Study of Student's Essay Assignments. Canadian Physiotherapy Association Conference. Montreal. May 1991.
39. Williams, R., **Sanford, J.**, Stratford, P., Newman, A. Grading Written Essays-A Reliability Study. World Congress of Physiotherapists. London. July 1991.
40. Cripps D., **Sanford J.** City Mall Walks. Canadian Physiotherapy Association Conference. Montreal. May 1991.

41. Cripps, D., **Sanford, J.** City Mall Walks. 3rd Annual Education Day in Rehabilitation. Hamilton. May 1991
42. Moreland, J., **Sanford, J.** Fugl-Meyer Assessment – A Reliability Study. 3rd Annual Day in Rehabilitation. Hamilton. May 1991
43. **Sanford, J.**, Solomon, P., Quick, G. "An Evaluation of Two Educational Models". Ontario Physiotherapy Association Conference. Kitchener Podium Presentation, March, 1991
44. **Sanford, J.**, Solomon, P., Stratford, P., Dilworth, P., Thomson, M. Reevaluation of item weights for the Physiotherapy Clinical Performance Evaluation form. PEI. Canadian Physiotherapy Association, 1990
45. **Sanford, J.**, Goddard, G.V. "The Comparison of Screen Effect in a Different Hemisphere on a Computerized Motor Task for a Group of Stroke Patients" Presented at Australasian Conference of Psychologists, Christchurch, New Zealand. 1985
46. **Sanford, J.**, Goddard, G.V. "The Effect of Arrangement, Sequence and Practice in Performance of a computerized Motor Task.": 3rd International Australasian Winter Conference on Brain Research. Queenstown, New Zealand. 1985
47. **Sanford, J.**, Goddard, G.V. "Computer Assisted Assessment of Motor Recovery", The National Conference of New Zealand Physiotherapists, Dunedin, New Zealand. 1984
48. **Sanford, J.** "Comparison of Performance of Stroke With and Without Neglect - on a Computerized Tracking Task", The 2nd International Australasian Winter Conference on Brain Research, Queenstown, New Zealand. 1984

ADMINISTRATIVE RESPONSIBILITIES

McMaster University

School Rehabilitation Science

- | | |
|-------------|--|
| 2006 – | Member, Rehabilitation Science Admissions Committee (Research PhD) |
| 2005 – | Member, Rehabilitation Science Admissions Committee (Research Masters) |
| 2005 – 2008 | Member, Faculty Evaluation Committee |
| 2002 – | Member Curriculum Committee – Physiotherapy Programme |
| 2003 – | Member Physiotherapy Council |

2003 – 2005	Academic Committee
2002	Member, Selection Committee for Assistant Dean, Physiotherapy
1998 – 2004	Chair Research Committee, School of Rehabilitation Science
1997 –	Co-Chair: Aging and Mobility Research Theme Group
1996 – 1999	Member, The R. Samuel McLaughlin Centre for Gerontological Health Research, Consortium Review Committee
1996	Member, Senate Adhoc Selection Committee to recommend an Associate Dean (Rehabilitation Science) (elected)
1993 –	Member, Scholarly Activities Committee (appointed)
1991 – 1994	Curriculum Committee - BHSc(PT) (appointed)

Faculty of Health Sciences

1992 – 1994	Member Editorial Committee for News from the Clinical Teaching Units
1992 – 1994	ECAH Clinical Teaching Units Operation Committee, member (appointed)
1992 – 1994	ECAH Education Programmes Committee, member (appointed)
1989 – 1992	Faculty of Health Sciences, Faculty Council, member (elected)

Other

St. Peter's Hospital, Hamilton, Ontario

1994 – 1999	Chair, Research/Ethics and Review Committee
1996 – 1999	Member, Research Utilization Committee
1994 – 1996	Chair, Research Utilization Committee
1994 – 1996	Chair, Research Working Group
1993 – 1994	Member, CTU Steering Committee
1992 – 1994	Member, Research/Ethics Committee

Department

1991 – 1993	Management Committee Dept. of Rehabilitation Services
-------------	---

Victorian Order of Nurses, Hamilton, Ontario

1993 – Member - VON Research Ethics Committee
1988 – 1993 Member, Health Professional Advisory Committee

St. Joseph's Hospital, Hamilton, Ontario

1987 – 1989 Chairman, Quality Assurance Committee, Physiotherapy Dept
1987 – 1989 Chairman, Professional Development Committee, Physiotherapy Dept

Mohawk College Physiotherapy Programme, Hamilton, Ontario

1986 – 1989 Curriculum Review Committee