

## PATIENT SPECIFIC PARTICIPATION SCALE (PS<sup>2</sup>)

Read by evaluator and completed *at baseline visit*.

**Note:** Complete prior to the physical examination.

### **Read at Baseline Assessment**

I'm going to ask you to identify the 5 aspects of your life that are most important to you. These aspects may or may not be affected by your current injury. We are interested to know the roles you have in your life and the way you participate in your community. Pick the specific aspects of your life that mean the most to you (not necessarily that you do the most).

**Examples:** My job as a (list); babysitting my grandchildren, working for the church, vacations, volunteer as a (list), parenting, caring for relative, student, participating in a sport (list), participating in a specific social group, spending time with my family, a hobby (list)

The most important things I participate in are:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

## PATIENT SPECIFIC PARTICIPATION SCALE (PS<sup>2</sup>)

Below is list of aspects of your life that you identified as being important to you. Please assign a score from 0 to 10 to describe how much your injury has limited your participation in these aspects of your life. A “0” means you are able to fully participate in this aspect without any limitation when compared to prior to your injury. A “10” means that you are unable to participate in this aspect of your life at all.

### Patient Specific Activity Scoring scheme (Circle one number for each):

0	1	2	3	4	5	6	7	8	9	10	
<u>Unable</u> to Participate											<u>Able</u> to participate at same level as before injury/problem

<u>Activity</u>	<u>Ability to participate</u>										
<u>1.</u>	0	1	2	3	4	5	6	7	8	9	10
<u>2.</u>	0	1	2	3	4	5	6	7	8	9	10
<u>3.</u>	0	1	2	3	4	5	6	7	8	9	10
<u>4.</u>	0	1	2	3	4	5	6	7	8	9	10
<u>5.</u>	0	1	2	3	4	5	6	7	8	9	10